

GLAMOUR THALASSO & SPA

TECHNICAL DATA SHEET

Located in the heart of the charming seaside resort in the heart of the Mediterranean, Yasmine Hammamet, in the 5* Mehari Hammamet Thalasso & SPA Hotel, open since 2010, Glamour Thalasso & SPA provides you with the best wellness experiences combining virtues of heated seawater and SPA treatments, personalized service, modern equipment, attentive and caring specialists, and an exceptional site of fine white-sand beach.

A successful alliance of tradition and modernity, Glamour Thalasso & SPA, offers you tranquil and friendly spaces, soothing colours punctuated by carved stone, bathing in natural light patio – a real cocoon of pleasure where you'll feel good.

The seawater is drawn from an 1000 m distance away from the shore and from 15 m depth. It's pure and rich in minerals and trace-elements and has a unique composition similar to the human plasma.

Our team uses all its expertise to help you regain your energy and vitality, forget everyday stress, as well as to treat and heal a number of disorders. A wide range of programs and treatments will satisfy any demand.

With its 1800 m² area, the centre has the capacity of 100 guests per day.

On the ground floor:

- Sweetwater Swimming Pool at the free disposal of all hotel residents, with direct access from the thalassotherapy centre;
- Hammam: experience the Tunisian tradition of a relaxing steam bath in hammam and body exfoliation care with Kessa glove;
- Our Boutique: offering you the full range of cosmetics and products we use for treatments;
- The Hairdressing salon is welcoming you in the hotel gallery.

On the first floor:

- 02 cabins for Beauty treatments and Thalgo rituals;
- A Couple's Cabin with massage and hydromassage therapy;
- A Deluxe Cabin for complete body treatment: peeling, body wrap and modelling;
- Gym with all the necessary equipment to help you get in shape.

Thalasso Area:

- Hydromassage baths and multijets showers with heated seawater, sea algae and sea mud body wraps provide you with all the essential elements for your well-being;
- 11 cabins, each with its own colour and ambience to avoid monotony, surround a beautiful patio with its basin and fountain oozing tranquillity, a place to rest in between treatments and have a cozy cup of herbal tea.
- Heated seawater therapy pool with underwater jets and swan-neck shower is at free disposal of all our guests taking thalassotherapy programs. There are also aquagym and aquabike sessions to enjoy.

Our team :

- Physicians
- Hydrotherapists
- Physiotherapists
- Massage therapists
- Aestheticians
- Fitness coach
- Nutritionist
- Hairdresser
- Nurse

- ✓ For the comfort of our guests, there's an elevator connecting the floors.
- ✓ Opening hours: 9h30 - 18h30, 7/7
- ✓ Guests taking program have a **free access** to hammam, gym and heated seawater therapy pool and for non-residents we offer a **free transfer** service to and from our centre.
- ✓ Bathrobes, towels, slippers, shower cap, disposable underwear, bag are provided for the convenience of our guests.

Hygiene:

Under current regulation established by the Tunisian Ministry of Health, certified laboratory collects seawater samples on a regular basis for bacteriological and physico-chemical analysis to confirm its compliance with sanitary norms and international requirements.